

# Foster's Body & Paint

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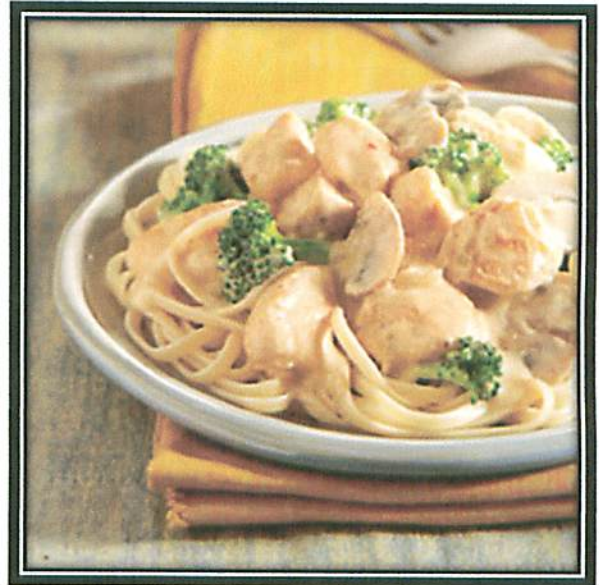
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## Cream Cheese Chicken with Broccoli

### Ingredients:

- 4 lbs. boneless, skinless chicken breasts, cut into ½ inch pieces
- 1 Tbsp. olive oil
- 1 package (1 oz.) Italian salad dressing mix
- 1 cup chopped onion
- 1 can (10 ¾ oz.) condensed, low fat cream of chicken soup, undiluted
- 1 bag (10 oz.) frozen broccoli florets, thawed
- 1 package (8 oz.) low fat cream cheese, cubed
- 1/4 cup dry sherry
- Hot cooked pasta



### Preparations:

- 1.) Toss chicken with olive oil. Sprinkle with Italian salad dressing mix. Place in crock pot slow cooker. Cover; cook on low for 3 hours.
- 2.) Coat large skillet with nonstick cooking spray. Add mushrooms and onion; cook 5 minutes over medium heat or until onion is tender, stirring occasionally.
- 3.) Add soup, broccoli, cream cheese and sherry to skillet; cook and stir until hot. Transfer to crock pot slow cooker. Cover; cook on low for 1 hour. Serve chicken and sauce over pasta.

Makes 10-12 servings

Find this recipe and many more at [Fostersbodyandpaint.com](http://Fostersbodyandpaint.com)