

# Foster's Body & Paint

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## Hot Artichoke & Spinach Dip

### Ingredients:

- 1 (10 ounce) box frozen chopped spinach, thawed
- 1 (14 ounce) can artichoke hearts, drained and roughly chopped
- 1 cup shredded parmesan-romano cheese mix
- 1/2 cup shredded mozzarella cheese
- 10 ounces prepared alfredo sauce
- 1 teaspoon minced garlic
- 4 ounces softened cream cheese
- pepper (optional)



### Preparations:

- 1.) Preheat oven to 350 degrees.
- 2.) Combine ingredients thoroughly in a bowl and spread mixture into a small baking dish (I used an 8" X 8" dish).
- 3.) Bake for 25-30 minutes or until cheeses are bubbling and melted.
- 4.) Serve with chips or bread and enjoy.

Find this recipe and many more at [Fostersbodyandpaint.com](http://Fostersbodyandpaint.com)