

Foster's Body & Paint

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Party-Pleasing Beef Dish

Ingredients:

- 1 lb. ground beef
- 1 medium onion, chopped
- 3/4 cup water
- 1 can (8 oz.) tomato sauce
- 1 can (6 oz.) tomato paste
- 2 tsp. sugar
- 1 garlic clove, minced
- 1 tsp. chili powder
- 1 tsp. ground cumin
- 1 tsp. dried oregano
- 1 cup cooked rice
- Tortilla chips



Toppings- shredded cheddar cheese, chopped green onions, sliced ripe olives, sour cream, chopped tomato and taco sauce

Preparations:

- 1.) In a large skillet, cook beef and onion over medium heat until meat is no longer pink; drain. Transfer to a slow cooker. Add the next eight ingredients; mix well.
- 2.) Cover and cook on low for 4 hours or until heated through. Add rice; cover and cook 10 minutes longer.
- 3.) Serve over tortilla chips with toppings of your choice.

Makes 6-8 servings

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