

# Foster's Body & Paint

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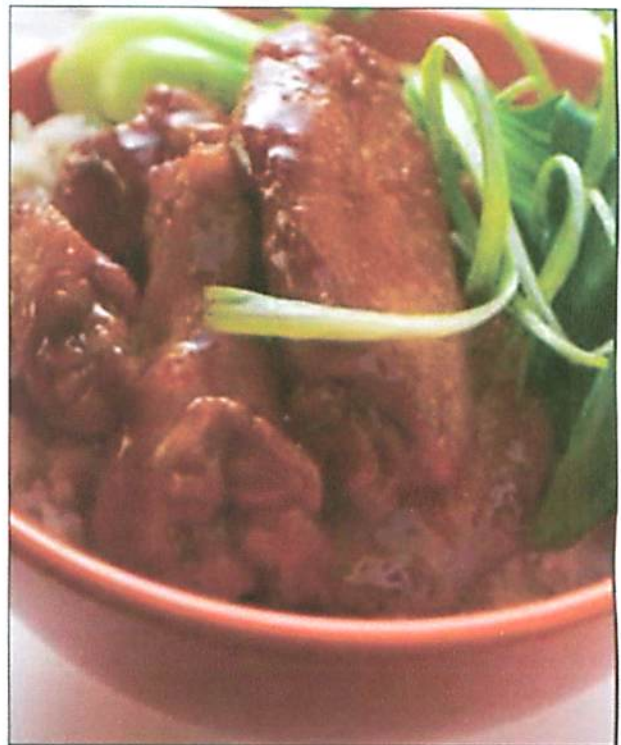
## Chicken in Honey Sauce

### Ingredients:

- 6 boneless, skinless chicken breasts
- Salt and pepper to taste
- 2 cups honey
- 1 cup soy sauce
- 1/2 cup ketchup
- 1/4 cup oil
- 2 cloves garlic, minced

### Preparations:

- 1.) Place chicken in Crock-pot slow cooker; season with salt and pepper.
- 2.) Combine honey, soy sauce, ketchup, oil and garlic in medium bowl. Pour over chicken. Cover; cook on low 6 to 8 hours or on high 3 to 4 hours.
- 3.) Serve extra sauce on the side, if desired.



Makes 6 servings

Find this recipe and many more at [Fostersbodyandpaint.com](http://Fostersbodyandpaint.com)