

Foster's Body & Paint

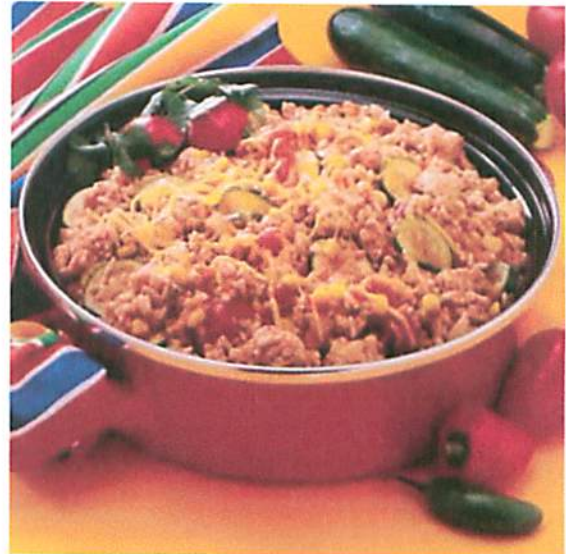
305 East Oak Street, Santa Maria, CA 93454
805-922-6191

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Fiesta Fry Pan Dinner

Ingredients:

- 1 lb ground turkey or beef
- 1/2 cup chopped onion
- 1 envelope taco seasoning
- 1 ½ cups water
- 1 ½ cups sliced zucchini
- 1 can (14 ½ oz) stewed tomatoes, undrained
- 1 cup frozen corn
- 1 ½ cups uncooked instant rice
- 1 cup (4 oz) shredded cheddar cheese



Preparations:

- 1.) In a skillet, cook turkey and onion until meat is no longer pink; drain if necessary.
- 2.) Stir in taco seasoning, water, zucchini, tomatoes and corn; bring to a boil.
- 3.) Add rice. Reduce heat; cover and simmer for 5 minutes or until rice is tender and liquid is absorbed.
- 4.) Sprinkle with cheese; cover and let stand until the cheese is melted.

Makes 8 to 10 servings

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