

# Foster's Body & Paint

305 East Oak Street, Santa Maria, CA 93454

805-922-6191

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## Slow-Cooked Swiss Steak

### Ingredients:

- 3/4 cup all purpose flour
- 1 tsp. pepper
- 1/4 tsp. salt
- 2 to 2 ½ lbs boneless round steak
- 1 to 2 Tbsp. butter or margarine
- 1 can (10 ¾ oz.) condensed cream of mushroom soup, undiluted
- 1 1/3 cup sliced celery, optional
- 1/2 cups chopped onion
- 1 garlic clove, minced
- 1 to 3 tsp. beef bouillon granules



### Preparations:

- 1.) In a shallow bowl, combine flour, pepper and salt. Cut steak into 6 serving size pieces; dredge in flour mixture.
- 2.) In a skillet, brown steak in butter.
- 3.) Transfer to a slow cooker.
- 4.) Combine the remaining ingredients; pour over steak.
- 5.) Cover and cook on low for 8-9 hours or until the meat is tender.

Find this recipe and many more at [Fostersbodyandpaint.com](http://Fostersbodyandpaint.com)