

# Foster's Body & Paint

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## Speedy Weeknight Chili

### Ingredients:

- 1 to ½ lbs ground beef
- 2 small onions, chopped
- 1/2 cup chopped green pepper
- 1 tsp minced garlic
- 2 cans (16 oz) kidney beans, rinsed & drained
- 2 cans (14 ½ oz each) stewed tomatoes
- 1 can (28 oz) crushed tomatoes
- 1 bottle (12 oz) beer or nonalcoholic beer
- 1 can (6 oz) tomato paste
- 1/4 cup chili powder
- 3/4 tsp dried oregano
- 1/2 tsp hot pepper
- 1/4 tsp sugar
- 1/4 tsp salt
- 1/4 tsp pepper



### Preparations:

- 1.) In a large saucepan or Dutch oven, cook the beef, onions, green pepper and garlic over medium heat until meat is no longer pink; drain. Add remaining ingredients; bring to a boil. Reduce heat; simmer, uncovered, for 10 minutes.

Makes 15 servings

Find this recipe and many more at [Fostersbodyandpaint.com](http://Fostersbodyandpaint.com)